

## From A. M.

Dr. Gretta is my **HERO**. I have had chiropractic care for myself for years. (I hurt my back several times trying to do things I shouldn't.) My husband is an engineer and a natural skeptic, so I never expected to take my children to a chiropractor. "Why fix what isn't broken?" was my kinda my thought. Then, my second son, Parker, was born with terrible reflux. Not knowing what to do, I took him to Children's Hospital. They put him on Zantac 3X's a day.

When that didn't work anymore, they upped the dosage. That didn't work anymore. I tried a chiropractor, who was not Dr. Gretta, but it seemed to do nothing. So then his doctor put him on the strongest dose of Prevacid allowed. It helped. He did much better, but the problem wasn't solved.

Since then, it got so bad that he was refusing to nurse or take a bottle. It was obvious that he was hungry but was refusing to eat because of the pain it caused. He was getting up anywhere from 4-10 times a night, crying. He wasn't able to eat or sleep, because he was in so much pain. I was distraught. I could do nothing to help him. Children's Hospital said the next step was a lower GI which involves radioactive dye and sedation. What else could I do? I didn't want to do that to him, but I didn't know what else to do.

Then, I remembered an acquaintance from our MOPS group (Mothers Of Preschoolers), Dr. Gretta, who had asked several times about Parker. She'd told me she was a chiropractor. My husband and I talked and decided it couldn't hurt to try before doing the GI.

I called Dr. Gretta that day. She is so caring and got me in as soon as I could get there. She took time to talk to us to understand what was happening, and then, adjusted him. Not only was he able to eat, but he started eating approximately 2 ounces more per feeding!! He has started sleeping better through the night and is growing like a weed. He is much happier and so am I.

Yesterday, my other son, Gavin, who Dr. Gretta had only adjusted once, woke with a runny nose. She adjusted him, and he woke up this morning---fine. No runny nose. Nothing.

I will be taking my children for her to adjust them at the first sign of a sniffle! Why fix what isn't broken? Well, to keep things from "breaking"! Why wait until something is terribly wrong to fix it when you can fix it BEFORE it breaks?!

I am also switching MY chiropractic care over to Dr. Gretta.

Thank you, Dr. Gretta for giving me back my baby and helping our family!